

Understanding the Trauma of Sexual Abuse

Name:

First _____ Last _____

Address:

City _____ Province _____ Postal Code _____

Phone:

Home _____ Alternative _____

Fax:

Email Address:

Professional Affiliation:

Regular fee: All 8 Lectures = \$300

Student fee: All 8 Lectures = \$220

Payment methods: cash or cheque

Please make cheque payable to:

**Centre for Treatment of
Sexual Abuse and
Childhood Trauma**

About the Centre

The Centre for Treatment of Sexual Abuse and Childhood Trauma (CTSACT) was established in 1991 as a registered, not-for-profit, charitable organization. The Centre provides psychotherapy and counseling services for individuals who have experienced sexual abuse or other forms of trauma and neglect. Therapists at the Centre have expertise in providing trauma-focused therapy to children, adolescents and adults, as well as to couples and families. Another mandate of the Centre is to provide professional and public educational programs.

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Please make cheque payable to:

**Centre for Treatment of Sexual Abuse
and Childhood Trauma**

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Centre for Treatment of Sexual Abuse and Childhood Trauma



Understanding the Trauma of Sexual Abuse

**A Training Course for Professionals
Presented by Dr. Brenda Saxe
Course (8 Evenings)**

**March 2009 - December 2009
Thursdays 6:00 - 9:00 pm**

St. Paul University Room: TBD
223 Main St, Ottawa ON

Enrolment limited to 30 participants.

Course Description

The goal of this course is to provide an in-depth (8 evening) study of the topic of sexual abuse, including theory, research, and treatment issues. The course is intended for professionals who work with, or wish to work with, clients who have experienced the trauma of sexual abuse. A combination of lectures, videos and discussions led by Dr. Saxe will be used. Questions and discussion by course participants will be welcome.

Participants are encouraged to present their own client material in class discussions. All case material will be anonymous and strict confidentiality will be observed.



Understanding the Trauma of Sexual Abuse

Presented by **Dr. Brenda Saxe**
Thursday Nights: 6:00 pm – 9:00 pm

Course Outline	Course Dates
1) <u>Introduction and Overview of the Trauma Field</u> a) Myths and Realities of the Sexual Abuse of Children b) Why Does Incest Happen in Society? c) Ethical and Legal Issues	Mar 5th & Apr 23rd
2) <u>Who are the Players? - Determinants and Dynamics</u> a) The Victim b) The Perpetrator c) The Non-Perpetrating Parent	May 14th & June 11th
3) <u>Treatment and Special Issues</u> a) Philosophy of Treatment, with Survivors of Trauma b) Substance Abuse	Sept 17th & Oct 22nd
4) <u>Special Issues (Continued)</u> a) Dissociation b) Self-Injury/Eating Disorders	Nov 12th & Dec 3rd



Dr. Brenda Saxe
Psychologist

Dr. Brenda Saxe is delighted to be teaching the course on “Understanding the Trauma of Sexual Abuse” that she has taught since 1992. Brenda is one of the founders of the Centre for Treatment of Sexual Abuse and Childhood Trauma in Ottawa and has specialized in working with men, women, and couples who have experienced trauma. She is the author of “*From Victim to Survivor: A Group Treatment Model for Women Survivors of Incest*”, published by Health Canada in 1994. Brenda has lectured both locally and internationally on the topic of trauma and enjoys sharing her knowledge and ideas with those who work with or are planning to work with this population. She believes that understanding the dynamics of childhood trauma and treatment issues for this population are essential for anyone who works in the clinical helping professions.