

Centre for Treatment of
Sexual Abuse &
Childhood Trauma

Presents

Our 10th Anniversary Conference

SHIFTING ABUSE-RELATED INTERNALIZATIONS
Treating Childhood Trauma

with

Dr. Sandra Wieland

Friday & Saturday
OCTOBER 4th & 5th, 2002
8:30 a.m. - 4:30 p.m.

at the

**R.A. CENTRE
2451 Riverside Drive
Ottawa, ON**

Dr. Sandra Wieland, Ph.D., is the author of *Healing the Internal Trauma and Techniques and Issues in Abuse-Focused Therapy with Children and Adolescents* (Sage publications). She has received Ottawa's Woman of Distinction Award for her work in this area. Dr. Wieland has lectured at conferences and universities across North America and in Europe. She currently works in private practice (Centre for Counselling and Therapy) in Victoria, B.C. with children, adolescents and adults who have experienced abuse and she provides consultation for several agencies serving traumatized individuals. In addition, she teaches at the Tillicum Haus First Nations Training Centre.

Dr. Sandra Wieland's Internalization Model is an innovative clinical model for working with traumatized children, adolescents, and adults. Combining the latest research findings in child development, early attachment, and the neurological effect of early abuse and neglect, this workshop will provide both the novice and advanced clinician with a clear conceptual framework to improve clinical effectiveness when working with this challenging client population.

Dr. Wieland has expanded her early Internalization Model to include not only sexual abuse, but also emotional abuse, physical abuse, and witnessing family violence. Dr. Wieland's approach reminds us to consider the victim's age when the abuse occurred in order to attend to developmental tasks that may have been compromised.

Day 1 will focus on the Internalization Models and their applicability to work with adults. Day 2 will cover abuse-focused play therapy and abuse-focused adolescent therapy. Dr. Wieland will focus on how to recognize and shift abuse-related internalizations that manifest themselves in behavior, play and conversations. Dr. Wieland will also address dissociation, therapeutic use of countertransference, and the importance of therapist self-care.

Day 1 is a necessary prerequisite for Day 2. Day 2 will provide ideas for therapists working with adults as well as children.

“Dr. Sandra Wieland's Internalization Model and her clear, original ideas for effective work with traumatized individuals of all ages has laid the foundation for the way I do therapy. She is a fabulous presenter with a wealth of clinical experience, conviction, and wisdom to share with us! Don't miss this rare chance to catch her in Ottawa!”

Lalita Salins, MA, RMFT

Review of “Techniques and Issues in Abuse-Focused Therapy With Children and Adolescents” in Canadian Psychology Vol 24:4, November 2001:

“This book stands out for its great sensitivity and understanding of children. It offers solid and imaginative approaches for caseworkers, as well as a wealth of information on methods seldom discussed elsewhere. In my opinion, Wieland has made a remarkable contribution.”

Francine Lavoie, Ph.D.

Intended Audience:

The workshop is intended for psychologists, psychological associates, psychiatrists, social workers, youth workers, child protection workers, and other mental health professionals.

CONFERENCE SCHEDULE

October 4, 2002

8:00 a.m. Registration

8:30 a.m. Internalization Model - Sexual abuse, abuse-related internalizations, behaviours

resulting from internalizations

10:00 a.m. BREAK

10:15 a.m. Addressing internalizations, case examples, small group work

12:00 p.m. LUNCH

1:30 p.m. Internalization Models-
Emotional abuse, physical abuse, witnessing family violence

2:45 p.m. BREAK

3:00 p.m. Recognizing and addressing internalizations; transference and countertransference, addressing our own needs

4:30 p.m. Please join us for a Wine and Cheese Reception in celebration of the 10th Anniversary of the Centre

October 5, 2002

8:30 a.m. Abuse-focused play therapy - Guidelines, play characteristics to notice, ways of responding

10:00 a.m. BREAK

10:15 a.m. Transference-countertransference, recognizing internalizations, case examples and small group work

12:00 p.m. LUNCH

1:30 p.m. Abuse-focused adolescent therapy - Interaction with the adolescent, conversation, behaviour, transference-countertransference,

2:45 p.m. BREAK

3:00 p.m. Techniques, special topics, case examples and small group work

This program has been approved by the Ontario Psychological Association for 6 hours per day of continuing education credits for Psychologists and Psychological Associates. All participants will receive a certificate of attendance.

REGISTRATION FORM - (Please print)

Last Name, First Name

Profession

Affiliation

Address

City

Province

Postal Code

Tel. (bus.)

Tel. (home)

E-Mail Address

FULL CONFERENCE

\$275 Before September 27, 2002

\$300 After September 27, 2002

ONE DAY ONLY

\$190 October 4, 2002

\$200 October 5, 2002

Attending Wine and Cheese Reception

**Full-time students (with ID) 50% discount

**Groups of five or more will receive a 15% discount

**No refunds will be made after September 24, 2002

**Receipts will be available at registration

PLEASE DETACH AND MAIL TO:

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