

# **Centre for Treatment of Sexual Abuse & Childhood Trauma**

*Presents*

## **Film and Discussion Series of “In Treatment”**

**Discussion led by: Mary Hogan-Finlay, Ph.D., C. Psych**

Over a nine month period, we will follow weekly therapy sessions with the client, Laura, in treatment with her psychologist, Paul, as well as the psychologist’s consultations with his own therapist, Gina.

“In Treatment” is an HBO drama film series produced by Rodrigo Garcia. It was based on the original work, “Be Tipul”, an Israeli series by Hagai Levi that has won many awards, including from the Israeli Film Academy.

This film series provides us with a peek into the ‘clinical room’ and the intimate encounters between the client and therapist. Although the psychologist, Paul Weston, (acted by Gabriel Byrne) follows four different clients and makes reference to them during his private therapy, this nine month Film and Discussion Series will follow Laura (acted by Melissa George), an anesthesiologist who falls in love with her therapist, Paul, through nine therapy sessions. We will also follow her psychologist, Paul’s, meetings with his therapist, Gina (acted by Diane Wiestend) as he struggles with his personal and professional issues.

The nine sessions reveal the complexity of current issues that are inevitably influenced by one’s past. As the client and therapist grapple to understand the nuances of the clinical issues and the complexity of their relationship, we are faced with the twists and turns of the human condition: the yearning to be heard, special, loved or rescued. Watching from the sidelines you will be pushed to examine your own dilemmas as therapists, as well as the rewards and pitfalls of your career.

You will be exposed to the frailty of the therapist’s psyche as he struggles with ethical and moral challenges, boundary blurring, impasses as well as involvement of many significant figures (family and friends) that are not in the clinical room. You will have an opportunity to observe the client’s personal dilemmas and how the therapeutic relationship has such significance to advance or impede the healing process.

This series is so riveting that it will be difficult to wait for the next installment or session. After viewing the therapy session, you will have an opportunity to share your perspective, hear your colleague’s opinions on these interesting issues, and learn from our shared experiences.

Come out and join your colleagues for lively discussion in a relaxed atmosphere with only **20 participants!**

**Who:** Intended Participants: Psychologists, Psychological Associates, Social Workers, Psychotherapists, Counsellors and Students.

**Where:** The Theatre, Lord Lansdowne Retirement Residence at 920 Bank St [Corner of Bank & Holmwood in the Glebe]

**When:** Second Sunday of each month, starting Sept 12, 2010 to May 8, 2011

**Time:** 4:00 pm - 6:00 pm

**Early bird fee=\$180.00 before August 15, 2010**

**Late registration fee= \$225.00 after August 15, 2010**

**Dates of monthly meetings:**

**September 12,**

**October 17,**

**November 14,**

**December 12,**

**January 9,**

**February 13,**

**March 13,**

**April 10,**

**May 8.**

## Bio



I am a clinical psychologist and an Associate Emeritus for the Centre for Treatment of Sexual Abuse and Childhood Trauma.

My professional career spans more than 30 years. As a psychologist, lecturer, researcher, supervisor and consultant, I have worked in a variety of settings: psychiatric facilities, university counselling centres, a family and marital clinic and independent practice. I have taught and supervised individual and couples counselling at the Clarke Institute Psychiatric Hospital in Toronto, the University of New Brunswick and Saint Paul University, Ottawa.

I have studied as a nurse and psychologist at the University of Ottawa, McGill University, the University of New Brunswick and Carleton University.

My education and experience includes study in psycho-dynamic, cognitive/behavioral, systematic, emotion-focused, individual, couple therapy (Emotional Focused Therapy) and experiential models. My integrative approach is tailored with respect to my client's needs, moving the process forward in a balanced manner. I include experiential modalities such as Focusing (Gendlin) and Eye Movement Desensitization Reprocessing (Shapiro) to enhance the therapeutic process. Most importantly, the foundation of my work is based on developing a trusting and confidential relationship between me and my client.

I enjoy working with adult women, men, and couples who are confronted with past or current trauma (emotional, sexual, physical), marital and relationship problems (affairs, breakdown in intimacy and friendship), life transitions, grief, gender conflict and sexual orientation issues. Since 2003, I have worked with communities in Nunavut as a psychotherapist and trainer for individuals and groups dealing with past and present trauma.

I maintain membership with the [Canadian Register of Health Service Providers](#), the [Canadian Psychological Association](#), [The Ontario Psychologist Association](#), the [College of Psychologists of Ontario](#) and the [College of Psychologists of New Brunswick](#). My services may be fully or partially reimbursed through many insurance plans, as well as the First Nations and Inuit Health Branch of Health Canada.

## REGISTRATION FORM - (Please print)

Last Name
First Name
Profession
Professional Affiliation
Address
Telephone
Email Address
Total Enclosed

\$180.00 before August 15, 2010

\$225.00 after August 15, 2010

You can pay by cheque, or by using paypal through our website: [www.centrefortreatment.com](http://www.centrefortreatment.com)

*Please note that income from this Film & Discussion Series will be used to subsidize treatment for clients at the Centre who are financially constrained.*

\*Cancellations prior to September 1, 2010 are subject to a \$25.00 fee

\*\*No refunds will be made after September 1, 2010

\*\*Registrations may be transferred

\*\*Receipts will be available at registration

For further information on this series you may contact

The centre for treatment by email at: [centrefortreatment@yahoo.com](mailto:centrefortreatment@yahoo.com)

PLEASE DETACH AND MAIL TO:

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